



CITY OF KNOXVILLE PARKS AND RECREATION

Community Connection

Spring 2016

WELCOME!

Welcome to "Community Connection," a quarterly recreation and leisure newsletter for the City of Knoxville's Parks and Recreation Department! It is our hope that the information provided increases your awareness of what programs are currently being offered as well as what's to come in the future. Our department's mission is to provide a safe and fun environment so all citizens may enjoy their leisure time. Our dedicated staff work to promote healthy lifestyle changes and character building activities by providing affordable quality programs, parks and recreation venues.

Please come join us in our mission TODAY!

IN THIS ISSUE:

- Recreation Centers, Parks, and Greenways Information
- Spring Into Fitness!
- Other Leisure
- Aquatics
- Senior Activities
- Dynamic Sports
- Seasonal Events and Programs

MAYOR

Madeline Rogero

DEPARTMENT OF PARKS AND RECREATION

Joe Walsh, Director

PARKS AND RECREATION ADMINISTRATIVE OFFICE

Suite 303

City/County Building

400 Main Street, Knoxville TN 37902

865-215-2091

www.knoxvilletn.gov

FIND AND FOLLOW US ON:



Instagram

MARK YOUR CALENDARS!

"2016 City of Knoxville
Teen Step Show"
6:00pm on March 5, 2016
Knoxville Civic Auditorium

"Mardi Growl"
March 5, 2016

"City of Knoxville Billards
Tournament"
City of Knoxville Senior Centers
March 10, 2016

"First City of Knoxville
Pickleball Tournament"
April 15-17, 2016
West Hills Park

"Older American's Month"
May 2016
City of Knoxville Senior Centers

"Let's Move!"
10:00am-2:00pm May 7, 2016
Victor Ashe Park

"Open Streets Knoxville"
1:00pm-6:00pm May 15, 2016

RECREATION / COMMUNITY CENTERS

FOR MORE INFORMATION REGARDING SPECIFIC CENTER PROGRAMMING,
FACILITY AMENITIES, COMMUNITY MEETING SPACES, AND HOURS OF OPERATION
PLEASE USE THE CONTACT INFORMATION BELOW OR VISIT:

www.knoxvilletn.gov

Cal Johnson Recreation Center
507 Hall of Fame Drive (37917)
865-522-3177

Cecil B. Webb Recreation Center
923 Baker Avenue (37920)
865-577-0651

Christenberry Community Center
931 Oglewood Avenue (37917)
865-637-5991

Cumberland Estates Recreation Center
4529 Silver Hill Drive (37921)
865-588-3442

Deane Hill Recreation Center
7400 Deane Hill Drive (37919)
865-690-0781

Dr. E.V. Davidson Community Center
3124 Wilson Avenue (37914)
865-971-4746

Inskip-Norwood Recreation Center
301 W. Inskip Drive (37912)
865-687-6321

John T. O'Connor Senior Citizen's Center
611 Winona Street (37917)
865-523-1135

Knoxville Adaptive Recreation Center
2235 Dandridge Avenue (37915)
865-525-9080

Larry Cox Senior Center
3109 Ocoee Trail (37917)
865-546-1700

Lonsdale Recreation Center
2700 Stonewall Street (37921)
865-546-0696

Milton Roberts Recreation Center
5900 Asheville Highway (37924)
865-546-4536

New Hope Recreation Center
1905 McMinn Street (37917)
865-523-9003

Richard Leake Recreation Center
3511 Alice Bell Road (37917)
865-525-2031

South Knoxville Community Center
522 Old Maryville Pike (37920)
865-573-3575

West Haven Recreation Center
3622 Sisk Road (37921)
865-546-1315

NEED TO RENT A RECREATION
CENTER, POOL OR PARK SHELTER
FOR A SPECIAL EVENT OR PARTY?

VISIT:

registration.knoxvilletn.gov

SPRING INTO FITNESS!



JOIN OUR MISSION!

WANT TO PARTNER AND OFFER ACTIVITIES TO KEEP OUR COMMUNITY MOVING? CONTACT RECREATION PROGRAM COORDINATOR [ANGIE DAVIDSON](#) AT 865-215-1406 FOR MORE INFORMATION!

COME ACHIEVE YOUR FITNESS GOALS OR SIMPLY GET MOVING AT ONE OF OUR LOCAL RECREATION CENTERS WITH....

Boot Camp with "D"!

Come train with one of Parks and Recreation's very own center leaders Darrow Davenport! From beginners to advanced athletes, 'D' adapts his exercises to fit everyone's needs and abilities.

Tuesdays and Thursdays

11:00am-12:00pm at EV Davidson

Open Gym Volleyball!

Deane Hill
Thursdays evenings
Cumberland Estates
Tuesdays-6:00pm-8:30pm



Blackout Low-impact Workout

Want to work out in the dark? Come try various workouts with Traci at EV Davidson Center on Mondays at 6:00pm!

Pickleball

Pickleball! Come join in the fun by playing this new and popular sport. No experience is necessary, equipment is available and it is FREE! For more information or a list of dates not offered, you can contact a recreation center listed below.

Monday

Deane Hill 11:00am-2:00pm
Lonsdale 11:45am-2:45pm
Milton Roberts 1:00pm-2:00pm
Christenberry 6:00pm-8:45pm

Tuesday

Inskip *9:00am-10:00am; 10:00am-12:00pm
Lonsdale 11:45-2:45pm
Christenberry 6:00pm-8:45pm
South Knoxville 6:00pm-8:30pm

Wednesday

Lonsdale 11:45am-2:45pm
Milton Roberts 6:00pm-8:30pm
Deane Hill 6:00pm-8:45pm

Thursday

Deane Hill 11:00am-2:00pm
Lonsdale 5:30pm-7:30pm
SKCC 6:00pm-8:30pm

Friday

Inskip 1:00pm-4:00pm
**geared for beginners*

Spring Pickleball Tournament April 15-17
Check Website for more details!!



Outdoor Pickleball
West Hills Park
7624 Sheffield Drive
Contact our Athletics office for more information!

SPRING INTO FITNESS! OTHER LEISURE



Visit the Parks and Recreation webpage for a complete listing of programs, facility hours of operation, closings, and program changes!
www.knoxvilletn.gov

WEIGHT ROOMS AND USE OF EXERCISE EQUIPMENT IN OUR FACILITIES IS FREE! CALL YOUR LOCAL CENTER FOR FACILITY AMMENITIES TODAY!



Ca-L'a Fitness is a workout program that targets ALL your muscles! Come burn calories, lose weight and tone your body while HAVING FUN!

Mondays

Deane Hill **Starting in April
6:15pm-7:15pm

Tuesdays

West Haven
7:00pm-8:00pm

Thursdays

EV Davidson
7:00pm-8:00pm
\$4.00 a Class



ENJOY THE SUN AND THE OUTDOORS BY USING ONE OF OUR MANY PARKS, GREENWAYS AND TRAILS. VISIT: www.knoxvilletn.gov FOR A COMPLETE LISTING!



BRIDGE!!

Deane Hill Bridge Center
Contact 865-694-0222 for information regarding lessons, games and events!

TENNIS

Do you or someone you know have an interest in Tennis? If so, check out the following beginner, intermediate and advanced classes for Juniors and Adults! For more information, click on the links below or email: citytennisace@gmail.com



Contact the **Knoxville Arts and Fine Craft Center** for details of their fitness classes!

Call 865-523-1401 or visit

<http://www.cityofknoxville.org/recreation/arts/>

AQUATICS



South Knoxville Community Center Pool

Call 865-579-3122 for more information!

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|--|--------------------------------|-------------------------|--------------------------------|-------------------------|
| 6:00AM | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 |
| 7:00AM | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 | Open Lap Swim 6:00-8:00 |
| 8:00AM | Aqua Sprint 8:15-8:45 | Aqua Sprint 8:15-8:45 | Aqua Sprint 8:15-8:45 | Aqua Sprint 8:15-8:45 | Aqua Sprint 8:15-8:45 |
| 9:00AM | Gentle Joints 9:00-9:45 | Deep Water Aerobics 9:00-10:00 | Gentle Joints 9:00-9:45 | Deep Water Aerobics 9:00-10:00 | Gentle Joints 9:00-9:45 |
| 10:00AM | | Aqua Aerobics 10:30-11:30 | | Aqua Aerobics 10:30-11:30 | |
| 10:30AM | | | | | |
| 11:00AM | | | | | |
| 11:30AM | | | | | |
| 12:00PM | Open Swim 10:00-3:00 | Open Swim 10:00-3:00 | Open Swim 10:00-3:00 | Open Swim 10:00-3:00 | Open Swim 10:00-3:00 |
| 1:00PM | Open Swim 10:00-3:00 | Open Swim 11:30-3:00 | Open Swim 10:00-3:00 | Open Swim 11:30-3:00 | Open Swim 10:00-3:00 |
| 2:00PM | | | | | |
| 3:00PM | Pool Closes at 3:00PM Monday thru Friday | | | | |
| OTHER | | Water Pilates 5:00-6:30 | | Water Pilates 5:00-6:30 | |
| | | Open Lap Swim 5:00-7:45PM | | Open Lap Swim 5:00-7:45PM | |

*Schedule is subject to change for programming needs, training, Learn to Swim Classes, etc. Please call 865-579-3122 for any information on classes, programs, and prices!

Knoxville Adaptive Recreation Center

Call 865-525-9080 for more information!

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------|--|---|--|---|--|
| 8:00AM | Open Swim 8:00-9:00 | Open Swim 8:00-9:00 | Open Swim 8:00-9:00 | Open Swim 8:00-9:00 | Open Swim 8:00-9:00 |
| 9:00AM | Arthritis Foundation Class 9:00-9:45 | Arthritis Foundation Class (Moderate Aerobic) 9:00-9:45 | Arthritis Foundation Class 9:00-9:45 | Arthritis Foundation Class (Moderate Aerobic) 9:00-9:45 | Arthritis Foundation Class 9:00-9:45 |
| 10:00AM | Open Swim 9:45-11:00 | | Open Swim 9:45-11:00 | | Open Swim 9:45-11:00 |
| 11:00AM | Arthritis Foundation Class 11:00-11:45 | Open Swim 9:45-12:00 | Arthritis Foundation Class 11:00-11:45 | Open Swim 9:45-12:00 | Arthritis Foundation Class 11:00-11:45 |
| 12:00PM | | | | | |
| 1:00PM | Learn to Swim Classes | Learn to Swim Classes | Learn to Swim Classes | Learn to Swim Classes | Learn to Swim Classes |
| 2:00PM | | | | | |

*Schedule is subject to change for programming needs, training, Learn to Swim Classes, etc. Please call 865-525-9080 for any information on classes, programs, and prices!

OUR CERTIFIED AMERICAN RED CROSS INSTRUCTORS ALSO FACILITATE COURSE IN:

- WSI (Water Safety Instructor)
- CPR/AED/First Aid Certification
- Lifeguard Training

Call 865-525-9080 or email rlove@knoxvilletn.gov TODAY!



It all begins with Learn-to-Swim.

For 98 years, the American Red Cross has been teaching hundreds of millions of Americans how to enjoy the water safely.

To register for a class, call 865-525-9080 or email rlove@knoxvilletn.gov

City of Knoxville
Parks and Recreation
Knoxville, TN

Authorized Aquatics Training Provider

Session Dates:
FALL 2015
Begins September 14th through
November 2015!!



SENIOR ACTIVITIES



Larry Cox Senior Center, South Knoxville Community Center and John T. O'Connor Senior Center offer a variety of programs and services for adults 50+ years and seniors. Learn and pursue new interests by participation in countless activities including educational seminars, fitness, outdoor excursions, special events and more! To request more information each centers calendar of events, contact:



Larry Cox Senior Center
3109 Ocoee Trail (37917)
865-546-1700

South Knoxville Community Center
522 Old Maryville Pike (37920)
865-573-3575

John T. O'Connor Senior Center
611 Winona Street (37917)
865-523-1135

DYNAMIC SPORTS

The City of Knoxville's Parks and Recreation Department is committed to supporting people with disabilities and believes in providing opportunities where all individuals are accepted, included and welcomed in the programs offered. Inskip-Norwood Recreation Center is currently offering Dynamic Sports programs for individuals with disabilities. While each community/rec center guarantees participants an inclusive environment, the Inskip Recreation Center staff specialize in therapeutic recreation. If you would like more information regarding these programs, contact Daniel Alexander, CTRS at 865-687-6321.

Spring 2016 Programs

- Disc Golf
- Flag Football Skills
- Greenways Walking Club
- Foot Golf
- Power Soccer
- Bocce Ball
- Tennis Skills
- Bowling for Visually Impaired Athletes



GET INTO THE ACT
OLDER AMERICANS MONTH
 MAY 2015



Check out our senior centers the month of May for Older Americans Month!

LET'S MOVE!



5th Annual Let's Move!
 Saturday, May 7, 2016
 10:00AM
 Victor Ashe Park

open streets
KNOXVILLE



Sunday, May 15th. 1:00pm-6:00pm
www.openstreetsknoxville.com

Saint Patrick's Day Dance
 Christenberry Community Center
 Monday, March 14, 2016
 7:00pm-9:00pm
 K-Jazz—Big Band Sounds for Ballroom Dancers!!



*FREE to the public *Finger foods requested/option

LIFEGUARD Classes and Hiring!

We offer American Red Cross Lifeguard training and review classes! In addition, we hire lifeguards to assist in operation of programs!

During training, participants will be trained to prepare, prevent and respond to emergencies in and around the water! For more information, please contact Randy Love at 865-525-9080 or register online at:
registration.knoxville.gov




Senior Dance
 Deane Hill Recreation Center
 Monday, May 2, 2016
 7:00pm-9:00pm



*FREE to the public *Finger foods requested/option

Save the Date!
 2016 **Mardi Gras**
GROW!
 Saturday, March 5th
 More info coming soon!!!




City of Knoxville Billiards Tournament



March 10, 2016
 Senior Centers

IF TREES COULD SING
Preserving Our Trees



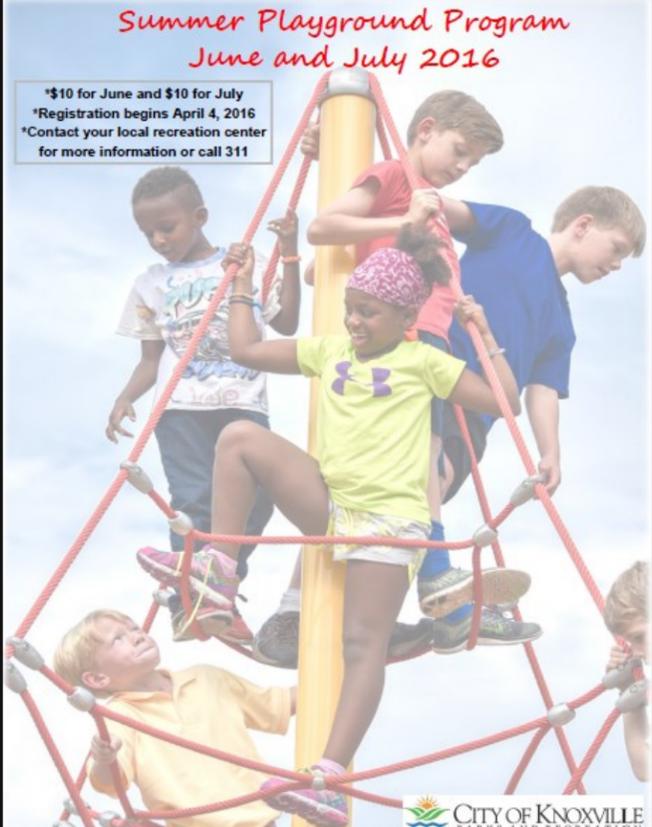
Visit Knoxville's Morningside and/or Victor Ashe Park and find some trees that SING!

www.nature.org/ifTreesCouldSing

Check out our social media pages for monthly contests!




Summer Playground Program
 June and July 2016



*\$10 for June and \$10 for July
 *Registration begins April 4, 2016
 *Contact your local recreation center for more information or call 311



Knoxville's 1st SPRING PICKLEBALL TOURNAMENT
 April 15, 16, & 17



❖ Register and Pay online at registration.knoxvilletn.gov
 ❖ \$30 Entry Fee per participant:
 ➤ includes up to three events & tournament t-shirt
 ❖ Events are: men's & women's singles & doubles and mixed doubles
 ❖ Categories are determined by age and skill level

| | |
|--------------------------------|-------------------------|
| Early Registration Recommended | Entry Deadline March 31 |
|--------------------------------|-------------------------|

The Dr. E.V. Davidson Teen Step Show



Saturday, March 5, 2016
 Knoxville Civic Auditorium

Dynamic Skills Division: Pickleball

Do you or does someone you know have a disability? Join us on April 15th where individuals with different disABILITIES will compete in a series of Pickleball skills challenges for a chance to win!
 Deadline to register is March 31st!

| | |
|---|--|
| When: Friday, April 15, 2016 4:00pm-6:00pm Registration at 3:30pm | Location: West Hills Park 7624 Sheffield Drive Knoxville, TN |
|---|--|

Want to learn more, register or practice your skills before?
 Contact or visit Daniel Alexander, CTRS at:
 Inskip Recreation Center
 301 W Inskip Drive
 Knoxville, TN 37912



MORE INFORMATION



ATHLETICS OFFICE

Aaron Browning, Athletics Coordinator
Jerry Dills, Officials Coordinator

The **Athletics Office** partners with sports commissions across the City to provide youth with recreational sports activities in baseball, softball, basketball and football.

The department also offers adult sport leagues that include basketball, softball, baseball, kickball, volleyball and football.

For information on how to sign up for one of the leagues, please visit www.KnoxvilleAthletics.com or call the office at 865-215-4311. Information is also printed in the "Bulletin Board" section of the Sunday Sports Section of *The Knoxville News-Sentinel*. For game cancellations, call the Athletic Info Line at 865-215-INFO (4636).

Follow us on Twitter: @knoxathletics



ADMINISTRATIVE OFFICE

Leonard Blair

Recreation Area Supervisor
865-215-1405

Vinnie Brown

Recreation Area Supervisor
865-215-1409

Nikki Crutcher

Superintendent of Recreation
865-215-1419

Angie Davidson

Recreation Program Coordinator
865-215-1406

Lori Goerlich

Parks and Greenways Coordinator
865-215-2807

VACANT

Sports Outreach Coordinator



Contact the **Knoxville Arts and Fine Craft Center** and join their mailing list to get complete details of their summer programming!

Visit
www.knoxvilletn.gov
or call 865-523-1401 TODAY!



CITY OF KNOXVILLE
PARKS AND RECREATION



KNOXVILLE'S
PHONE NUMBER