

Inskip-Norwood Community Center




301 West Inskip Road, 37912
(865) 687-6321

Center Staff:
Daniel Alexander



September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2 FACILITY CLOSED 	3 Intro to Pickleball 9am-10am \$2 Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1p-2p Brk /TSD Bocce Ball 2p-3p	4 Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm CP Ctr Bocce Ball 1pm-2pm Sun Bocce Ball 3:30pm-5pm	5 Sert. Bocce Ball 10am-11am Open Bocce Ball 11am-12pm Arts and Crafts at KAFCC 1pm-2pm* Lifesize Foosball 6pm-8pm	6 Pilot Golf Skills Program 10am-12pm Open Pickleball 12:30pm-3:30pm \$2	7	
8	9 Sun. Gym Games 10am-12pm Drum Circle 1p-2p Adapt Gaming at SPARK 2:30p-4pm	10 Intro to Pickleball 9am-10am \$2 Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1p-2p Brk/TSD Bocce Ball 2p-3p	11 Patriot Day Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm CP Ctr Bocce Ball 1pm-2pm Sun Bocce Ball 3:30pm-5pm	12 Sert. Bocce Ball 10am-11am Open Bocce Ball 11am-12pm Open Gym 2pm-4pm Lifesize Foosball 6pm-8pm	13 Pilot Golf Skills Program 10am-12pm Open Pickleball 12:30pm-3:30pm \$2	14	
15	16 Fx Fitness 10a-11a Drum Circle 1p-2p Adapt Gaming at SPARK 2:30p-4pm	17 Intro to Pickleball 9am-10am \$2 Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1p-2p Brk/TSD Bocce Ball 2p-3p	18 Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm Fx Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	19 Sert. Bocce Ball 10am-11am Open Bocce Ball 11am-12pm Arts and Crafts at KAFCC 1pm-2pm* Lifesize Foosball 6pm-8pm	20 Pilot Golf Skills Program 10am-12pm Open Pickleball 12:30pm-3:30pm \$2	21	
22	23 Fall begins Fx Fitness 10a-11a Drum Circle 1p-2p Adapt Gaming at SPARK 2:30p-4pm	24 Intro to Pickleball 9am-10am \$2 Open Pickleball 10am-2pm \$2 Brk Arts and Crafts 1p-2p Brk/TSD Bocce Ball 2p-3p	25 Lifesize Foosball 10am-11am Sun Board Games 12pm-1pm Fx Fitness 1pm-2pm Sun Bocce Ball 3:30pm-5pm	26 Sert. Bocce Ball 10am-11am Open Bocce Ball 11am-12pm Open Gym 2pm-4pm Lifesize Foosball 6pm-8pm	27 Pilot Golf Skills Program 10am-12pm Open Pickleball 12:30pm-3:30pm \$2	28	
29	30 Fx Fitness 10a-11a Drum Circle 1p-2p Adapt Gaming at SPARK 2:30p-4pm	HOURS OF OPERATION Monday - 10am-5pm Tuesday - 9am-4pm Wednesday - 10am-5pm Thursday - 10am-12pm - 2:30-8pm Friday - 12:30pm-3:30pm * As noted & subject to change		LEGEND Arts and Crafts at KAFCC for multiple agencies. Adapt. Video gaming contact Center for more information. Pilot Golf program. Contact Center for more information.		LEGEND *CP Ctr=Programs for participants in Cerebral Palsy Services FX Fitness=Functional Crossfit for persons with disabilities. S.O.=Special Olympics Yellow - Program is offsite	

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For more information, please visit www.knoxvilletn.gov/recprograms